

Manage your life,
Through your mind.



THE MINDTECH INSTITUTE

TRAINING & DEVELOPMENT

The MindTech Institute

TheMindTechInstitute.com



APPLIED HYPNOSIS & HYPNOTHERAPY TRAINING

THE MINDTECH INSTITUTE

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The MindTech Institute

Trainer/s: Adam Musselli

Dates: Online Training (Anytime) | Workshops: visit our “Events” page.

Location: Online Training (Anywhere) | Workshops: visit our “Events” page.

You can make reservations the following ways: visit our website and click on the “Events” tab.

To study online, visit our website and click on the “Online Courses” tab.

You may also email us at info@themindtechinstitute.com or info@mti.edu.au

Websites: www.themindtechinstitute.com
www.mti.edu.au

Course contents:

This is an intensive training in which you will learn the most advanced and most efficient methods of hypnosis and hypnotherapy. Based on the methods of Dave Elman, with further additions and refinements by The MindTech Institute you will come away with the ability to safely bring your clients into and out of a deep state of somnambulism. By eliminating the guesswork and not wasting time on non-essentials, you will achieve convincing results with your clients in the shortest possible time. Goal and result oriented hypnotherapy – uncovering and immediate. We place the utmost importance on practical training during the course.

At The MindTech Institute you will benefit from our vast experience in training and development.

In addition to Dave Elman’s standard you will learn other inductions, techniques, including silent, rapid, and immediate inductions, deep levels of the subconscious, stems, regressions, gestalt, shadow work, inner child work, instant inductions and many other important techniques and much, much more.

What can I do after the training?

Upon completing the training you will have all the necessary skills to successfully hypnotise and, should you wish, start your own hypnosis practice. If you are already practicing hypnosis you will be able to more effectively apply your existing knowledge, and you may as well **apply** for a **diploma in counselling** here at **The MindTech Institute** which is academic and internationally accredited and recognised. The diploma of counselling is also available at The MindTech Institute through online study also through Recognition of Prior Learning RPL where you don’t need to study if you have 2 years of work experience. You can also join our Fast-Track workshop where you can obtain a government accredited diploma within weeks (condition apply). You can contact us for more information about the diploma...

The areas of application are vast, even if you do not wish to get into clinical/medical hypnotherapy (e.g. depression, phobias, pain, cancer), but would like to focus on smoking cessation, weight loss, stress management, sports, school, motivation, self-confidence, birth preparation, counselling, life coaching or any other daily challenge people may have.

Duration of training: **Online Training:** must be completed within 40 days upon enrolment.
NOTE: you must have hypnosis practitioner training level or equivalent before you enrol in the master practitioner level training. If you have not done the hypnosis practitioner yet, please enrol in and complete the practitioner level before you study the master practitioner. *For **Hypnosis Practitioner and Master Practitioner Training as a bundle package** visit themindtechinstitute.com and click on the online courses tab, or you can contact us.*

Exam: Multiple choice exam.

Curriculum of The MindTech Institute – Hypnosis Training

- Hypnosis Practitioner and Master Practitioner Training include the following units -

Hypnosis Practitioner Level	Hypnosis Master Practitioner Level
<p>The History Of Hypnosis The most important points in the history and development of hypnosis. The most modern techniques. What and who was responsible for advances and setbacks.</p> <p>The Nature Of Hypnosis How and why hypnosis works.</p> <p>Semantics / Vocabulary Of Hypnosis The meaning of key terminology. Be able to intelligently discuss hypnosis and avoid the most important errors in wording. When certain words are used and when they are definitely avoided.</p> <p>The Pre-Talk 80% of the success of a hypnosis session depends on the pre-talk. Learn why and increase the chances of a successful session. How to conduct this pre-talk in a convincing manner according to the structured mind model.</p> <p>Definition Of Hypnosis And Explanation Of Mind Model Based on the definition of hypnosis you will be able to intelligently explain hypnosis and hypnotherapy in combination with the mind model to any interested parties, whether expert or lay person. Thus you can prove to your clients that you are an expert.</p> <p>What Is Hypnosis Definitely Not Differentiation and explanation of what hypnosis definitely is not. What the most common prejudices are and how to handle them and even use them in a targeted way.</p> <p>Rules Of The Mind How the minds work, what you should do and what you should not.</p> <p>Levels Of Hypnosis The different and unique levels or stages of</p>	<p>Structure Of Positive Suggestions How to develop a suggestion and how to use it in a correct and specific way. Which type of suggestions must be avoided and how to ensure they take root in the subconscious mind.</p> <p>Attitudes Towards A Suggestion What these 4 attitudes are and why it is important to explain to the client which of these attitudes leads to success and which do not.</p> <p>Precautionary Measures, Protection Of Clients And Therapists The most important points in hypnosis therapy and why they should be heeded. The relevance of these points and how to apply them correctly for the protection of the client. What not to do.</p> <p>Development of objectives How to develop objectives with the client. Assess the actual situation and set the goal.</p> <p>Unique Instant, Rapid And Confusion Techniques The most advanced and efficient techniques. How to use a snap of the fingers to hypnotize other people within seconds or even tiny fractions of a second and keep them in hypnosis. The structure of instant hypnosis. How to use instant hypnosis in practice and why it works.</p> <p>Silent Hypnosis How to hypnotize people non-verbally. (In class only)</p> <p>Hidden Methods Of Hypnosis Inductions How to hypnotize people without a formal hypnosis induction and without even using the word "hypnosis".(In class only)</p> <p>Hidden Methods For Hypnotic</p>

hypnosis, how to recognize and use them and how to distinguish between traditional information and the latest knowledge.

Structure Of Positive Suggestions

How to develop a suggestion and how to use it in a correct and specific way. Which type of suggestions must be avoided and how to ensure they take root in the subconscious mind.

Attitudes Towards A Suggestion

What these 4 attitudes are and why it is important to explain to the client which of these attitudes leads to success and which do not.

Precautionary Measures, Protection Of Clients And Therapists

The most important points in hypnosis therapy and why they should be heeded. The relevance of these points and how to apply them correctly for the protection of the client. What not to do.

Development Of Rapport

How to development a client relationship and its importance. Recognize and avoid pitfalls.

Development Of Objectives

How to develop objectives with the client. Assess the actual situation and set the goal.

Determination Of Suggestibility

How to test and measure the suggestibility of a client in order to determine the most appropriate method of hypnotic induction.

Dave Elman (DEI) Hypnotic Induction And Shortcuts

The most convincing and most efficient method of inducing hypnosis in 85% of your clients. Many practical exercises to successfully induce hypnosis in others within 7 minutes or less already on the first day of training. What to do when it does not work. How to handle exceptional cases and what should never be done. How and when to abbreviate the DE induction to only a few seconds.

Classic Hypnosis Inductions

Various classic and alternative hypnosis inductions for a broader repertoire.

The Instant Inductions

Various instant inductions and alternative hypnosis inductions for a broader repertoire.

Waking Hypnosis Induction

What is the waking hypnosis induction and how it's used.

The Hand Drop Hypnosis Inductions

A fast and effective hypnosis induction

The Handshake Interrupt Hypnosis Inductions

How to hypnotize people by a handshake.

The Eye-Fixation Hypnosis Inductions

A fast and effective hypnosis induction

Suggestions

How to place hypnotic suggestions to benefit the client without the client being aware.

Determination Of Suggestibility

How to test and measure the suggestibility of a client in order to determine the most appropriate method of hypnotic induction.

Rapid And Instant Inductions For Advanced Application In Practice

The faster you can hypnotize your clients; the more time you will have for the actual therapy (that is why a client visits a hypnotherapist).

Anxiety And Phobias

Step-by-step process for achieving long-lasting and specific resolution of anxiety and phobias through hypnosis. How to differentiate between anxieties and phobias.

Trance Management

How to keep clients in hypnosis long enough to help them. What to do if they suddenly open their eyes.

Direct Suggestion Techniques (DDT Technique)

What the Direct Drive Technique (DDT) is and why it is so powerful. When, how and where to use it correctly. (In class only)

Inner Child Work

How to work with the adult ego-state in past situations and how to use these events specifically to introduce information from the here and now into the past.

Structure, Development And Flow Chart Of A Hypnosis Session

What the structure of a hypnosis session looks like. What must be done in every hypnosis session. Cases where regression techniques should or should not be applied. This unique MindTech Hypnosis Flowchart for hypnotherapy which is an exclusive feature in our trainings.

Abreaction Management

How to keep clients in hypnosis long enough within a comfortable trance and how to deal with sudden abreactions.

Step-By-Step Regression Techniques

Regression is the central point of The MindTech Institute's methods. The quickest and most straightforward method of uncovering and resolving even the most complex cases bringing significant improvement for the client. What could happen in instances of covering methods and what must be avoided at all costs.

Regress To Cause (R2C)

"Regress to cause and fix it". How to solve even deep-seated problems using this clearly structured process. Why other methods fail.

Stress Reduction Induction Technique

An effective stress reduction technique alternative can be used as self-hypnosis as well as with clients.

Anxiety And Phobias

Step-by-step process for achieving long-lasting and specific resolution of anxiety and phobias through hypnosis. How to differentiate between anxieties and phobias.

Smoking Cessation

Step-by-step instructions for smoking cessation. The real reason cigarettes are addictive and how to overcome the habit. The greatest fear when stopping smoking and how to be a genuine "non-smoker" as opposed to merely an "ex-smoker".

Pain Management Techniques

How to easily relieve or eliminate pain. Preparation for painless childbirth, surgery and dentistry, as well as chronic pain, migraines, etc. What is allowed and what not. Pain as a signal. How to correctly utilize hypnosis in such cases.

Overcoming Resistance / Anxiety

The most common problems and obstacles in hypnosis inductions. Recognize and resolve problems and obstacles. Hypnotize practically anyone. Recognize and easily overcome resistance to hypnosis.

The Conscious Mind

The definition and tasks of the conscious mind. Why it can make our lives difficult. How this knowledge helps clients.

The Subconscious Mind

The most important element in hypnosis therapy. The definition and tasks of the subconscious mind. What it contains. How to access it for change.

The Unconscious Mind

What the unconscious mind is. How it works. Which elements it comprises. Why it is not possible to be directly influenced but may still be used in significant ways. What the unconscious mind is, its role and how we can use it to our advantage.

The Critical Factor (CF) And How To Bypass It

The CF prevents us from going into hypnosis. How to bypass this filter. How bypassing the filter is experienced in daily life. What and who can bypass the CF. What happens when the CF has been successfully bypassed..

Rules For Successful Transformation Of Clients

Seven simple but important rules for a clear strategy to help clients maximize success. When a hypnosis session actually begins and when it ends.

Past Life Regression (Regressions - Brian Weiss)

How to regress to past lives. 5 types of regression, the theories behind them and how to handle them. Exciting reports of actual cases.

Gestalt Hypnosis Therapy

How to conduct chair and death bed therapies. The importance of releasing built-up energies and how to realize this in a competent way.

Abreaction Control And Abreaction Therapy

How to control an abreaction within seconds. How to use an abreaction to make the therapy more successful.

Development Of Objectives

How to develop objectives with the client. Assess the actual situation and set the goal.

Determination Of Suggestibility

How to test and measure the suggestibility of a client in order to determine the most appropriate method of hypnotic induction.

Anxiety And Phobias

Step-by-step process for achieving long-lasting and specific resolution of anxiety and phobias through hypnosis. How to differentiate between anxieties and phobias.

Rules Of The Mind

How the minds work, what you should do and what you should not.

Methods Of Forgiveness Therapy

The importance of forgiveness. How to achieve forgiveness even in apparently impossible situations. What is synonymous to hatred. How negative emotions poison us. Alternatives to forgiveness and what to do if someone is not able to forgive.

Rules For Successful Transformation Of Clients

Seven simple but important rules for a clear strategy to help clients maximize success. When a hypnosis session actually begins and when it ends.

Hypnotic Coma (Esdaile State)

How to induce 100% anaesthesia within a couple minutes using a "recipe" approach which is easily replicable. Great for stress management and burnout clients. Other applications include a portal to deeper levels. How to proceed if someone "escapes" into this state. An instant, trouble-free, precise approach.

Deepening Hypnotic Trance

How to deepen the hypnotic state and reach a working level. More than 10 different techniques, tips and tricks for deepening.

Structure, Development And Flow Chart Of A Hypnosis Session

What the structure of a hypnosis session looks like. What must be done in every hypnosis session. Cases where regression techniques should or should not be applied. *This unique MindTech Hypnosis Flowchart for hypnotherapy which is an exclusive feature in our trainings*

Trance Management

How to keep clients in hypnosis long enough to help them. What to do if they suddenly open their eyes.

Alpha, Theta And Delta Waves

What alpha, theta and delta waves have to do with hypnosis. Nothing. You will learn, why this is the case.

Applications In The Operating Theatre

Medical and dental applications and astonishing fields of application. The correct handling and what must be taken into consideration.

Direct Suggestion Techniques (DDT Technique)

What the Direct Drive Technique (DDT) is and why it is so powerful. When, how and where to use it correctly.

Group hypnosis

How to hypnotize an entire group, teams, classes, etc.

Marketing

How to build and maintain a client base using the best marketing methods currently available for hypnotherapists. Where and how to advertise (Internet, homepage, newsletter, social media such as Facebook, YouTube, LinkedIn, etc.).

Strategy For Success

The important steps towards a personal success strategy and how to adapt it to your individual needs. A valuable tool for prospective hypnotherapists which is taught nowhere else. Even well-established therapists benefit from more than a decade of international professional and leadership experience of The MindTech Institutes' grads become economically successful is among our most important goals.

Location

Ideal locations for a practice and where to easily find the most clients.

Forms

Ready-made and proven forms for in-take and case history. Development and structure of client information. Why and how to use this information correctly during therapy. What information can be used ethically and legally for marketing purposes. How it can be used for quality control and follow-ups.

Deepest Depths

How to delve deep - where all the pain, worries and problems disappear! Easy-to-learn methods and techniques.

Conditioned Response Techniques

How to recognize conditioned responses and use them to your advantage to affect change.

STEMS

How to induce hypnosis by using emotions. Especially suitable for difficult cases and deep-seated problems. Definitely something for the advanced practitioner. The "hypnosis trigger" – how and when to use it. What must be taken into consideration to be prepared for any situation.

Ultra-State®

In-depth instruction in this patented, ultimate state of advanced, metaphysical hypnosis which was developed by The MindTech Institute. This metaphysical state opens up totally new inroads where the therapist need do little because this "hyper-alert" state enables change where other lengthy processes have failed. (In class only)

Ultra-State Healing®

This state, also developed by The MindTech Institute, it is like fireworks in the mind of hypnotized clients. It can unveil entirely new dimensions of self-discovery and self-healing. While still in an experimental phase. (In class only)

The MindTech Institute "Universal Therapy"

Including all the methods of hypnotherapy you have learned, with the exception of regression. A live example will be used to demonstrate the universal therapy. (In class only)

Measuring Responses And Trance Depth

How to notice the depth of the client's trance at any given time and gauge how indicators and expected responses at these levels.

The Grey Room

Explanation and role of the grey room. When and how this technique is used for a general cleaning of the subconscious mind.

Rebirthing

How to easily resolve birth traumas during the hypnotic state.

Self-Hypnosis (Light Switch Technique)

Self-hypnosis with the so called "light switch technique" is explained and programmed. This technique is probably the most efficient form of self-hypnosis used to reach an immediate state of somnambulism. How to work with code words to achieve a deeper state of self-hypnosis. (In class only)

Self-Hypnosis For Clients

How to teach self-hypnosis to clients as self-help method.

Differences In Hypnosis For Therapy And Stage Hypnosis

What distinguishes hypnotherapy from stage hypnosis. Is stage hypnosis good or bad? How to deal with the most common prejudices. How to argue with and even learn from stage hypnotists.

Exclusive Demonstration Videos Of Pervious Classes

During the training we will review other demonstration from previous classes with other methods, techniques and experiences of other grads to help you become a really successful hypnotherapist.

Group Hypnosis

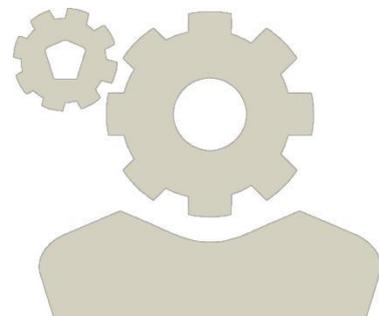
How to hypnotize an entire group, teams, classes, etc.

The Hypnosis Seal

How to recognize and overcome a hypnosis seal. Who came up with it and how it is applied. Moral and ethical implications (NOTE: This will NOT be taught at every class) but will be explained.

Forms

Ready-made and proven forms for in-take and case history. Development and structure of client information. Why and how to use this information correctly during therapy. What information can be used ethically and legally for marketing purposes. How it can be used for quality control and follow-ups.



Certificates

All participants receive a certificate embossed with The MindTech Institute authentication seal (unless online you'll receive a printable certificate - for embossed certificates can be organised by post).

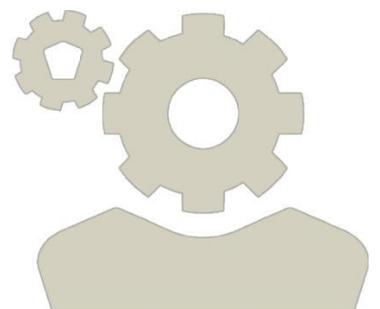
The certificates also include student unique identification number and QR code for verification purposes.

Enrolment

Enrolment becomes effective upon receipt and full amount is paid.

You can always contact us to find out if there's a current offer.

If the above payment methods on our "Check Out" page are not available in your country, you can email us at info@themindtechinstitute.com to assist you further.



Instructor:

Adam Musselli



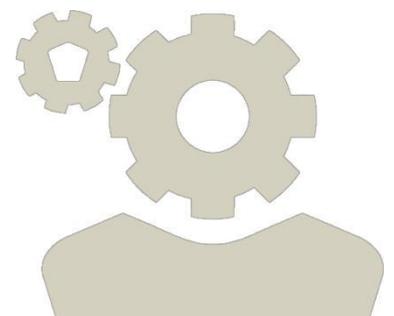
Adam has been in the field of psychology and social & behavioural science since the early 2000s and he's the lead trainer at The MindTech Institute. Adam's educational and experience background in understanding human's behaviour, sociology and psychology has given him a broad base from which to approach many topics.

The MindTech Institute and Adam Musselli have since 2007 been a symbol for effective, efficient and sustainable hypnosis and NLP methods and techniques which are taught in over 10 different locations across the world, and increasingly more people are discovering these easy and applicable techniques for their practices or as in therapies to solve personal issues and challenges as well as corporate and personal development training.

Adam included simplicity into his training which inspires and motivates many of his students. This simplicity is also expressed through a unique elegance and pleasant way in delivering his lectures, training and workshops. In addition, his multilingual, intellectual and academic background

give him the ability to engage his students and audience by using simple metaphors even when he's lecturing what is considered "Extreme Science".

Adam holds several seminars and many courses in Australia and abroad throughout the year. He runs in-class Advanced Diploma Courses such as in Leadership and Management, Marketing and Communication, Counselling as he is also the voice behind the online courses at The MindTech Institute.



TRAINING

The MindTech Institute delivers all their qualifications and courses in Australia and abroad. They offer a wide range of training options with focusing on assisting individuals and businesses who wish to gain valuable knowledge and skills to achieve their best potentials leading to greater improvements, and many positive successful pathways and outcomes. The MindTech Institute offers the best cutting edge online training and workshops.

All courses, events and workshops can be found at The MindTech Institute's websites:
themindtechinstitute.com | mti.edu.au



SERVICES

Collaboration is at the heart of every interaction with The MindTech Institute students and clients. Working in partnership to understand their key goals or/and business concerns. The MindTech Institute identifies what you want to achieve and helps you to see your personal goals, business or career goals from a new perspective - and then offer the right solutions to help you to grow. The MindTech Institute way of working with their students and clients brings flexibility and creativity as well as qualities which elevate their performance as an individuals, employees, business managers or leaders. The MindTech Institute main objective is to work with you to develop a clear path to reach realistic goals which are important to you and your business.



The MindTech Institute is a Registered Training Institute based in Sydney Australia offers various courses, diplomas, seminars and workshops delivered in class as well as online. The MindTech Institute is also known as one of the world leading recognized training institutes that can offer recognition of prior learning services which is also recognized world-wide through other institutes, colleges, universities as well as to study abroad.